### YOU AND I

### WHAT WOULD YOU DO WITH THE TIME?

#### **THE THREE GROUPS:**

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### **TRUTH: WHICH GROUP BEST DESCRIBES YOU?**

**TRUTH: WHICH GROUP BEST DESCRIBES DAVE CRENSHAW?** 

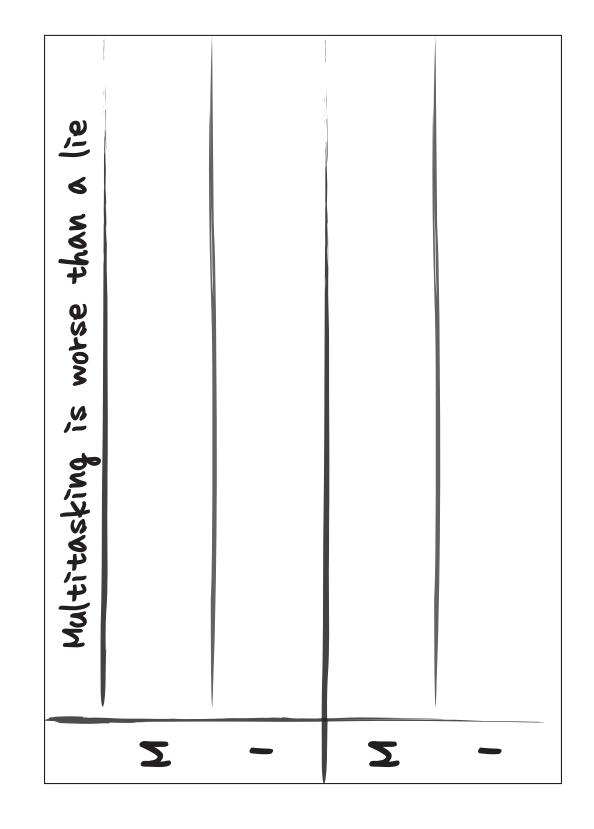


# SWITCHTASKING

	2	8%	
	SWITC	HING COST:	
	TRUTH: ESTIMATED PERS	ONAL LOSS DUE TO SWITCH	ES
(28% ×	/week ×	/hour)	\$/Week
	TRUTH: ESTIMATED LABOR COS	TS LOSS DUE TO SWITCHES (	ROUGH):
	TRUTH: EXERCISE (NEXT PAGE) A	ND THE THREE COSTS OF SV	WITCHING
2			
	TRUTH: COMMON TYPES OF SW	ITCHTASKING IN MY WORK I	INCLUDE:
	TRUTH: COMMON WAYS I PE	RSONALLY SWITCHTASK INC	LUDE:



## **SWITCHTASKING: TRUTH EXERCISE**





### **SWITCHBUSTERS**

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	NOTES

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